



ANNUAL 'MITO' FAMILY PICNIC 2009



Picnic Time!



Join us for the annual 'mito' family picnic at Cottage Lake Park in Woodinville! This fun event is great way to meet other NW families & kids dealing with mitochondrial disease. Enjoy the park, fun activities for the kids, and a water balloon toss. Bring a main dish and a side dish to share potluck style. Please join us!

Host: The Mitochondrial Research Guild

Date: August 15, 2009

Time: 11:00—2:00 p.m.

Location:

COTTAGE LAKE PARK, PICNIC SITE #2

Pass the main lot and park in the East lot
NE Woodinville-Duvall Rd & 188th NE
Woodinville, WA 98072

Contact:

Cindy Cruz 425-742-5030 or rella19@verizon.net

What to bring:

- Main course for your family
 - We will have the BBQ fired up if you want to bring something to cook
- Side dish to share potluck style
- Sunscreen

Directions:

Cottage Lake Park is located East of Woodinville. From I-405 North or South take State Route 522 and exit at NE 195th St (Woodinville-Duvall Rd) heading East. The park is located on the right (South) side of the road about 3 miles from Route 522. We are in Picnic Site #2 so pass the main parking lot and park in the East lot (closer to Safeway). Look for the Mito signs.



Mitochondrial Research Guild

GIVE KIDS THE ENERGY TO DREAM

Phone: 425.670.3343

Email: rella19@verizon.net

Web: www.nwmito-research.org

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